

# EQUIP

## A Support Group To Equip Parents As They Begin The Adoption Journey



- WHAT:** 9-month Parent Support Group Free of Charge\*  
**WHO:** For Pre-Adoptive, New Adoptive Parents & Interested Others  
**WHERE:** Evangelical Free Church, S. 19<sup>th</sup> St. Bozeman, MT, Room 102  
**WHEN:** The second Thursday of each month, 7:00 pm to 8:30 pm

This group is designed for parents who are interested in adoption, in the process of adopting, those who have newly adopted, and interested others. EQUIP is a structured, psycho-educationally based group lead by a licensed therapist. Each month, we will concentrate on a specific topic relevant to adoption and have time for both teaching and discussion. This group is designed to support those beginning the adoption journey who would like information and the camaraderie of other families at the same early stage in the process. For parents who need the support of other families in dealing with specific challenges usually encountered once their adoptees are settled in (~ 1 year or more into the adoption), we offer the CONNECT group, also available once a month. Please contact Jan Druckenmiller or Kate Cremer-Vogel for more information about this option. We hope you'll join us as we launch EQUIP for the first season this fall 2011! We look forward to seeing you there!

Child care will be available if this is determined to be a need of the group.

\*Insurance billing is optional if a family is insured and wants to use their insurance to help defray the overhead of providing this group for the community. Please contact Kate Cremer-Vogel at 582-5480 or by email at [cremervogel@theglobal.net](mailto:cremervogel@theglobal.net) if you would like more information about this option.

### Topic Agenda 2011-2012

September	Introductions & Overview
October	What is Attachment & How Does Secure Attachment Develop?
November	"Under the Hood" Brain Development & Nature/Nurture
December	When Something Goes Wrong: What Can Be Done?
January	What Does the Adopted Child Need First? Your Child's Underlying Needs
February	Keys to Therapeutic Parenting
March	Translating Behavior: Teaching Your Child Who He/She Is
April	Prevention Gems: How to Prevent Challenging Behaviors from Arising
May	Taking Care of Yourself

*There will be an option of continuing this group during the summer months if there is enough interest.*



EQUIP is sponsored by:

The Sacred Portion Children's Outreach  
& Encompass Ministry

